

# HOUSING AND HEALTH

## LINKING COMMUNITY HEALTH AND HOUSING STRESS IN WISCONSIN

### HOUSING FINANCIAL STRESS:

SPENDING **30% OR MORE** OF HOUSEHOLD INCOME ON RENT OR MORTGAGE PAYMENTS AND OTHER HOUSING COSTS

**23** *Percent of Homeowners* IN WISCONSIN ARE HOUSING STRESSED

**44** *Percent of Renters* IN WISCONSIN ARE HOUSING STRESSED

Housing financial stress may force people, particularly older residents, to forgo essential medical care.

By county, the share in fair or poor health increases with the share of housing stressed homeowners.

Homeowners are older than renters and, on average, more likely to have overlapping health issues.



INTERVIEWS: HOUSING SERVICE PROVIDERS AND HOUSING STRESSED INDIVIDUALS.  
GEOGRAPHY: 17 WISCONSIN COUNTIES  
TIME PERIOD: SPRING 2025

QUANTITATIVE DATA FROM THE AMERICAN COMMUNITY SURVEY AND COUNTY HEALTH RANKINGS WERE SPATIALLY ANALYZED TO REVEAL GEOGRAPHIC PATTERNS AND CORRELATIONS

QUALITATIVE DATA FROM INTERVIEWS WITH 32 WISCONSIN RESIDENTS (AGES 19-65) REVEALED A KEY THEME: FORGOING HEALTHCARE TO AFFORD HOUSING

READ MORE



For more information please see:

Gaede, Erin, Conroy, Tessa and Deller, Steven. (2025). The Impact of Housing Financial Stress on Community Well-Being. *Windicator* 7(3). University of Wisconsin-Madison, Division of Extension.